

the week

SUBU NEW YEAR'S RESOLUTION - SAVE YOU MORE MONEY IN THE CRUNCH!

TO SIGN UP FOR THE LEADERSHIP PROGRAMME
simply go to
www.subu.org.uk/leadership



DYLAN'S PROMO FOR CHEESE NACHOS AND SOL FOR £4!!



BUY TICKETS FOR THE OLD FIRE STATION AT THE STUDENT SHOP! OFF YOU GO!

THIS FORTNIGHT'S HIGHLIGHTS:
SAT 17TH JAN - WE ARE YOUR FRIENDS DISCO
SAT 24TH JAN - ROCKSTAR - STADIUM ROCK!!

THE OLD FIRESTATION MASSIVE JANUARY SALE
YOU'RE SKINT... SAVE £££'S EVERY NIGHT!
PICK UP A FREE MINI-VOUCHER BOOKLET NOW!
www.oldfirestation.co.uk
(*) AVAILABLE FROM CAMPUS FLYER POINTS, PROMO CREW, SHOPS & THE OLD FIRESTATION

MON 12TH JANUARY

7.30pm Salsa Dancing
The Loft

10pm CHEEKY launch night Back 2 Skool lock & key party

Tickets from Talbot Campus SU shop
The Old Fire Station, £2 adv
£1 entry / free t-shirts (with Jan sale vouchers)

TUE 13TH JANUARY

11.30-6pm Fruit and Veg Market
Semi Circle

8pm Dylan's Pub Quiz
Dylan's Bar
£1 per person

WED 14TH JANUARY

10-12pm SUBU Leadership Programme
Communication – the psychology of understanding BRONZE
LearnHigher Centre

1-3pm SUBU Leadership Programme
Leadership – what kind of leader am I? BRONZE
LearnHigher Centre

3-5pm SUBU Leadership Programme
Communication – verbal & non-verbal influence SILVER
LearnHigher Centre

8pm Dylan's Live
Dylan's Bar

FRI 16TH JANUARY

10-12pm SUBU Leadership Programme
Teams – basic psychology BRONZE
LearnHigher Centre

10pm Lollipop Club Night
Try the new cocktail bar
The Old Fire Station, £3 adv
New ICE cocktail bar - 2 for 1 Cocktails!

SAT 17TH JANUARY

5.30pm Football: Hull vs. Arsenal
Dylan's Bar

9pm We Are Your Friends
We are back for 2009
Tickets from Talbot Campus SUBU shop
The Old Fire Station, £5 adv
£1.50 bottles (with Jan sale vouchers)

SUN 18TH JANUARY

8.30 - 4pm MAD day Hod Hill Conservation with the National Trust at an iron age hill fort.
Sign up on thehub www.thehub.org.uk to register your place.

1.30pm Football: WestHam vs. Fulham
Dylan's Bar

4pm Football: Spurs Vs. Portsmouth
PROMO: Carlsberg £1.50
5.45pm till 6.45pm
Dylan's Bar

MON 19TH JANUARY

5.30pm Salsa - Classes from 5.30pm
The Loft

8pm Football: Liverpool v Everton
Dylan's Bar
PROMO: Carlsberg £1.50
9.45pm till 10.45pm

TUE 20TH JANUARY

10-12pm SUBU Leadership Programme
Cultural & Environmental Leadership – local BRONZE
LearnHigher Centre

TUE 20TH JANUARY

11.30-6pm Fruit and Veg Market
Semi Circle

7.45pm Carling Cup Semi Final: Man United v Derby
The Loft

8pm Dylan's Pub Quiz
Dylan's Bar
£1 per person

10pm CHEEKY snow-ravers with BUSnowriders reunion
Tickets from Talbot Campus SUBU shop
The Old Fire Station, £2 adv
£1 entry (with Jan sale vouchers)

WED 21ST JANUARY

10-12pm SUBU Leadership Programme
Teams – basic psychology BRONZE
LearnHigher Centre

1-3pm SUBU Leadership Programme
Management – what is it? BRONZE
LearnHigher Centre

3-5pm SUBU Leadership Programme
Teams – building & motivating SILVER
LearnHigher Centre

8pm Carling Cup Semi Final: Burnley v Spurs
The Loft
PROMO: Carlsberg £1.50
9.45pm till 10.45pm

8pm Dylan's Live
Dylan's Bar

THU 22ND JANUARY

10-12pm SUBU Leadership Programme
Communication – the psychology of understanding BRONZE
LearnHigher Centre

10-4pm Money Budgeting Advice Information in the Front Door. Advice up in SUBU Advice Centre

THU 22ND JANUARY

7.30pm Love music Hate Racism Bands Bash
The Mercury Men (headlining a 4 act bill)
Tickets from Talbot campus SUBU shop
The Old Fire Station, £3 adv

FRI 23RD JANUARY

10-12pm SUBU Leadership Programme
Leadership – what kind of leader am I? BRONZE
LearnHigher Centre

10-4pm Money Budgeting Advice Information in the Front Door. Advice up in SUBU's Advice Centre

10pm Lollipop Club Night
Tickets sold in advance- get them early!
The Old Fire Station, £3 adv
Tickets: £2 on door / £1.50 cocktails (with Jan sale vouchers)

SAT 24TH JANUARY

10pm ROCKSTAR
New stadium Rockin' Club Night (with live band)
Tickets from Talbot Campus SUBU shop
The Old Fire Station, £3 adv

WE DO BIRTHDAY PARTIES!!!

NO PARTY TOO SMALL OR TOO LARGE!

SUBU can host your birthday celebration for you and your friends!

You may want a party for your ten best buddies, or you might want a full on festival for 400!

Dylans Bar, The Old Fire Station and the Loft are all available in a variety of ways to help you have a night to remember.

Email Alan Dove
adove@bournemouth.ac.uk to discuss options and get your party booked in.

WEAR YOUR FRIENDS
17/01/09

the Word

GRAB A COFFEE, SIT IN DYLAN'S AND LET THE WORD WARM UP YOUR JANUARY!

HAPPY NEW YEAR!

FOOD FOR THOUGHT

Well you are a very generous lot indeed! First of all, I would like to thank you for helping out with the Salvation Army food collection for the homeless, whether you hosted a box, helped with the planning and promotion or popped a tin in the festively wrapped boxes, you really helped to make a difference!!

Donations ranged from tins of baked beans to those lentils that should have helped towards a health kick (that clearly didn't last long!) right through to lovely Christmassy chocolates and cake. All

of the food will be greatly appreciated by the local homeless people and families who are struggling financially.

Mary Randall MBE from the Salvation Army said 'This is wonderful, without friends like you we couldn't do it - you made Christmas happen for many families!'

Missed out on your chance to get that feel good festive vibe? All is not lost! Our lovely volunteering website has lots of different opportunities for this shiny new term that you can get stuck into and perhaps

achieve at least one of your New Year's resolutions! Go to www.the-hub.org.uk



Welcome back, everyone!

I hope you had a lovely relaxing Christmas break and a new year to remember!

SUBU is back and full of life. While you've been away we've been reviewing last term, what went well and what we can improve.

Please remember why we're here- involving and representing you!

Our Advice centre is open 9am-5pm Monday – Friday on Talbot Campus and 9am-1pm in Bournemouth House on Lansdowne Campus and myself, Fred, Scott and the Executive Committee are here to ensure your views are expressed to the University on both academic and social issues.

This term is another fun packed 11 weeks with:

- 7 MAD (Make A Difference) Days for you to volunteer on,



MORE MASSIVE NIGHTS AT TOFS AND BIG SAVINGS!

visit www.the-hub.org.uk.
• Join our January intake for the SUBU Leadership Programme! if you're thinking about placement or a graduate job this is a must! visit: www.subu.org.uk/leadership.

• The Big Student Meeting, a chance for you to have your say on everything from the use of Facebook on campus to the new car parking changes.
• YOUR SUBU elections (2nd-6th March). Yes that time has come round again for you to run in the elections; which three people will you vote into the presidency roles?

And if that's not enough The Old Fire Station has a packed programme with Propaganda, We Are Your Friends, Love Music Hate Racism, The Twang and of course the one and only Lollipop.

It's great to have you all back; the campus was quiet without you!

Adelaide Vice President SUBU Communication
suvpcomms@bournemouth.ac.uk
Tel: 01202 965774

HAVE YOU HEARD?

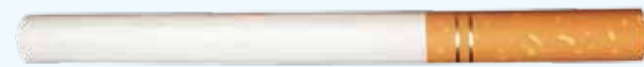
The Student Advice Centre is now running Life Coaching sessions.

This is for you if you want help to be able to make clear decisions, clarify your goals and to help you to put your life plans into action.

For further details email bletcher@bournemouth.ac.uk
The appointments are at Bournemouth House on Tuesday mornings during term time at either 9.30am or 11.30am – all appointments are for an hour.



Or, if you'd like help or advice about quitting smoking, why not visit some of the sources below...
• The Medical Centre (Talbot Campus) and/or your General Practitioner;
• The free NHS Smoking Helpline 0800 169 0169 (available 7am – 11pm, 7 days a week);
• <http://gossomoketree.nhs.uk>
• <http://www.dorsetsmokesstop.co.uk/>



BUS SMOKING POLICY

Do you play an active role in institution life, or get involved in your local community, perhaps through volunteering? Has your new life in the UK changed your outlook and the way you think? Have you developed new interests since settling here, overcome personal challenges or achieved any long held ambitions or goals? Entering the International Student Awards 2009 could put you in line for an accolade that will not only earn you public recognition for your achievements, but will also look great on your CV. To enter the competition, all you have to do is write a 'letter home', in English, explaining how you believe a UK education is preparing you for a brighter future. The letter should be written as if you were sending it to a family member, or a former teacher or professor.

And it couldn't be easier to enter. The competition is entirely web based, so you can enter on line at www.educationuk.org/shine. Entries must be in by Monday 19 January 2009. If you want more information about the competition and how it works, go to www.educationuk.org/shine

If you decide to enter, please send a copy of your entry to Caroline Howlett in the Centre for Global Perspectives (chowlett@bournemouth.ac.uk).

A quick reminder about BUS's smoking policy... Here it is in all its glory! Smoking is banned in all entrances and within five metres of all University buildings, including enclosed public areas such as University bus shelters. This is to prevent smoke from entering buildings via doorways or windows and to ensure it is not a hazard to those entering buildings. We all know it's a difficult

Postgraduates' to have a look at the photos and chat to the other members. The group is open to suggestions. For any more information please contact: Mory Cisse, MSc Finance and Risk Management 19081266@bournemouth.ac.uk Daniel Carter supostgrad@bournemouth.ac.uk

proving very popular, offering a fun and inclusive way to maintain a work life balance. Postgraduates' to have a look at the photos and chat to the other members. The group is open to suggestions. For any more information please contact: Mory Cisse, MSc Finance and Risk Management 19081266@bournemouth.ac.uk Daniel Carter supostgrad@bournemouth.ac.uk

The all new BU Postgraduate Facebook group now has over 100 members. This group created by Mory Cisse, a student studying in the Business school is a great way to get postgrads together to share their experiences while undertaking their studies. Members of the group have already attended a few socials; the latest one being the Christmas dinner at the West Beach restaurant on the sea front. With over one hundred students joining in less than three months, the group is

If you are an international student enjoying life in the UK at Bournemouth University you are eligible to enter a prestigious award together with £2,000 in prize money. The International Student Awards 2009 is a major competition run by the British Council – the UK's international organisation for cultural relations. Now in its seventh year, the competition aims to celebrate international students and the contributions they make to communities across the UK. Unlike other student competitions, it doesn't focus just on your academic achievements – it's



FUTURE ACTIVITIES MAY INCLUDE A NIGHT OUT IN SOUTHAMPTON, ICE SKATING, PAINTBALL AND MORE...!

CALLING ALL BU POSTGRADUATES