

SUBU | Proposal

Title	Accessible Periods
Date	
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1 Packground Information	

1. Background Information:

1.1. More than a quarter of women have been forced to miss work or school because they cannot afford menstrual products

1.2. It is estimated that the average spend for people who menstruate is $\pounds4,800$

1.3. In March 2019, the governments announced free sanitary product to be provided to secondary schools and colleges. This does not apply to students studying at University

1.4. 1 in 10 women aged between 14 and 21 are unable to afford menstrual products

1.5. Periods continue to be stigmatised

2. Current Position:

2.1. Period products are essential items and where people are unable to access them their lives are severely impacted.

2.2. The Union, from time to time, does provide free menstrual products to those in need, but they are not mandated to do so.

2.3. Menstrual products are available at the Union shop, although sustainable products are not

4. Actions:

4.1. The Union to have free supplies of sanitary products for those in need where they have:

(a) Forgotten products

- (b) Cannot afford product
- (c) Come on their period unexpectedly

4.2. The Union to campaign for period to be free from stigma4.3. The Union to stock sustainable menstrual products in the shop



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4.4. The Union to sell menstrual products at the cost of purchase within their outlets

References:

https://www.independent.co.uk/news/uk/home-news/period-poverty-women-miss-schoolwork-office-money-sexism-a8786146.html