



# WE ARE SUBU

## STUDENTS WITH DEPENDANTS

An essential SUBU introduction for new students with dependants



STUDENTS' UNION  
AT BOURNEMOUTH  
UNIVERSITY

[WWW.SUBU.ORG.UK](http://WWW.SUBU.ORG.UK)

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## INTRODUCTION

Balancing your student lifestyle alongside any caring responsibilities can seem daunting but there is plenty of support available to help you make the most out of your university experience.

This welcome guide has been created for student parents and those with caring responsibilities for a dependant , to give you a bit more specific information about what life is like at Bournemouth University.

We hope you find it useful and look forward to meeting you (we have some tailored events planned, it would be great to see you there) and if you have any more questions pop in and see us, we are based in Studland House on the Lansdowne Campus and in the Student Centre on the Talbot Campus.

## TIPS FROM STUDENTS

### TOP TIPS

#### Organisation is key

Use your diary to plan ahead, you'll need to know when your assignments are due and when your exams are so that you can manage your workload accordingly. You may find the first couple of weeks of University seem manageable but then find that your first few assignments are due in the same week.

When you attend lectures and seminars you will be writing notes and may be given lots of handouts, organise and file your work for each module into the topics/themes covered. When you come to the end of the year your work will be more accessible meaning you can focus on revising. Different coloured pens and folders are really helpful too.

Make use of The Laptop Loan scheme on Talbot Campus, which enables you to 'borrow' a laptop and use it anywhere on campus.

The Open Access Centres in Poole House and Studland House are open 24/7 meaning you can work from campus at times that suit you best. You can access all of your learning materials from home, which is very handy.

#### You're important too

It can be challenging to balance work, university, parenting, home life, social life or any combination of these, plan your time accordingly. Remember to keep some time for yourself.

#### Buy second hand

When it comes to buying books for your modules the costs can quickly add up. There are lots of websites you can buy second hand books from making life more cost effective for you and have a positive impact on the environment. Make sure the edition you're buy matches the edition required by your course.



Nicole East  
Student Carers Officer  
2015/16 and 2016/17

"As student carers officer I had the privilege of helping to increase the interaction between SUBU and student parents; it was amazing! Parties and days out made such a difference making a minority feel totally included. We even had a presence at Freshers Fair!

My tip to student parents: plan plan plan! You can do it and SUBU will support you all the way."

# STUDYING AT BOURNEMOUTH UNIVERSITY – STUDENTS WITH CARING RESPONSIBILITIES

“If you look after your partner, or a relative or friend who is ill or disabled, you are a carer, although you may not necessarily think of yourself that way. There are many ways that you might care for the person. Perhaps you're on hand 24 hours a day to provide the care they need, or maybe you arrange their hospital appointments for them, or drop round each day to keep them company or to cook their dinner. If you live further away, you might visit them once a month to check on their wellbeing. Whether you have cared for the person for a long time, are temporarily helping them (for example, while they recuperate from an operation), or have just become a carer, it's useful to know what support is available to you.” - Age UK

## FINANCIAL SUPPORT

As a carer, you may be entitled to additional financial support, such as the Access to Learning Fund grant or the Adult Dependents Grant for undergraduates. Some students may also qualify for benefits from the government to help with caring responsibilities.

## OTHER SUPPORT

Being a carer could have an impact on your studies, but remember that there is plenty of support available. Let your lecturers, personal adviser or faculty know about your circumstances and they should be able to make some reasonable adjustments, you can also speak to SUBU Advice or pay AskBU a visit and they can help you to organise your studies around your caring responsibilities amongst a variety of other topics.

## FOR ADDITIONAL ADVICE AND SUPPORT:

- Carers UK is an organisation that provides support for carers
- The Guardian has a dedicated section for news relating to carers
- Age UK has a page with advice for carers of older people
- Which? Elderly Care has free independent and practical advice about caring for older people in the UK

www.subu.org.uk

## NURSERY

Talbot Woods Day Nursery and Nursery School is operated by 'Bright Horizons' from Talbot Campus in purpose-built premises offering your child, or children, a firm grounding in pre-school education. The nursery is open 8am – 6pm, 51 weeks a year. Talbot Woods operates across two rooms with one for children under two years old and the other for children over two years old, all children receive a morning snack, cooked lunch and afternoon tea.

For further information contact bryghthorizons.com or phone 01202 965576.

“Exceptional management and a dedicated team of staff create an extremely well organised and highly effective learning environment for children”

Ofsted report, July 2013.



## CHILDCARE

### BOURNEMOUTH / POOLE RESOURCES FOR ALTERNATIVE CHILDCARE PROVIDERS

There are lots of options for childcare in Bournemouth and Poole, make sure you spend time picking the right setting for you and your child, or children. Both Bournemouth and Poole local authorities have a responsibility for the wellbeing and care of children.

For more information on childcare providers in Bournemouth visit: [www.bournemouth.gov.uk/ChildrenEducation/Childcare](http://www.bournemouth.gov.uk/ChildrenEducation/Childcare)

### BOURNEMOUTH & POOLE CHILDREN'S CENTRES

There are number of Children's Centres in Bournemouth and Poole. Bournemouth has eight children's centres that provide a warm welcome and a range of services and support for local families and children from birth until they start Primary School.

Visit <http://www.bournemouth.gov.uk/ChildrenEducation/ChildrensCentres> for more information.

Poole has six Children's Centres offering a warm welcome and a wealth of fun activities and services that support families with children under five years old. Visit [www.poolefamilyinformationdirectory.com](http://www.poolefamilyinformationdirectory.com) for more information.

### BOURNEMOUTH CHILDREN'S INFORMATION SERVICE

The Bournemouth children's information service provides free, impartial information and advice on childcare, children's centres, early education, funding and family support within Bournemouth.

Their helpline is open Monday to Thursday 8.30am to 5.15pm and Friday 8.30am to 4.45pm on 01202 456222.

## POOLE FAMILY INFORMATION SERVICE

Poole's family information service can help with anything and everything around family life. It is a free, confidential and impartial information service providing comprehensive and up-to-date information on local organisations, services, childcare, activities and events relating to children and young people. They are open Monday to Thursday 8.30am and 5.15pm and Friday 8.30am to 4.45pm.

Call 01202 261999  
Or visit [www.boroughofpoole.com/familyinformation](http://www.boroughofpoole.com/familyinformation)



  /sububournemouth

SUBU will have a positive impact on every BU student's journey.

## FINANCING UNIVERSITY

Going to university alongside raising a child can seem daunting, but there's lots of support available to help you through.

### BU FINANCIAL SUPPORT

#### BU Maintenance Bursary

The BU Maintenance Bursary is available to students who are registered on an undergraduate degree course at BU, excluding NHS-funded courses. If your household income is below £16,000 you could receive a £3,500 bursary to support your learning and living costs. This is paid £1,300 in your first year, and £1,100 in your second and final years of study. If your household income is more than £16,000 but less £25,000 you could receive a £3,000 bursary. This is paid £1,000 in your first, second and final years of study.

#### SUBU Advice Small Emergency

SUBU Advice Small Emergency Grants are available to all BU students, the typical award is £15. You can access this apply for this grant through our SUBU Advice advisors.

#### Childcare Grant

This allows you to claim back 85% of your childcare costs for children under 15, up to a maximum of £148.75 a week if you have one child; £255 if you have two or more children (rising to up to £150.23 and £257.55 respectively for courses starting in 2014/15). Because it's a grant, it won't need to be paid back.

You'll have to fill in a form in advance with an estimate of what your childcare will cost, and then take a second form to your childcare providers so they can confirm how much you actually spent. The grant only covers Ofsted-registered childcare, so you can't use it for informal babysitting. Eligibility information and application forms are on the [www.gov.uk/childcare-grant](http://www.gov.uk/childcare-grant).

[www.subu.org.uk](http://www.subu.org.uk)

#### BU Hardship Fund

The BU Hardship Fund is available to UK students having financial difficulties during their degree. The funds can help you with costs of childcare, travel, accommodation, as well as books and equipment. The maximum you can receive is £3,500 but finance is allocated on a case by case basis.

#### Parents' Learning Allowance

This is a lump sum for full-time student parents that you can spend however you want. It's worth up to £1,508 (rising to up to £1,523 for courses starting in 2014/15), depending on your income, and doesn't have to be paid back. Again, head to the [Gov.uk](http://Gov.uk) website for more information.

#### Benefits

Most students don't qualify for benefits, but if you're a single parent or your partner is also a student, that can change. You may be able to claim:

- Income Support
- Housing Benefit or Local Housing Allowance
- Council Tax Benefit.

#### Independent status

If you have a child, you are automatically considered an 'independent student'. This means that your parents' income won't affect the loans and grants with you get, no matter how old you are or whether you are living with them.

#### Special support grant

Normally, the amount of maintenance loan you receive goes down as the maintenance grant you get goes up. However, if you're a single parent, you might get the special support grant instead of the maintenance grant. All this means is that your grant won't affect how much loan you get, so you receive more money overall.

For more information contact SUBU Advice via email [subuadvice@bournemouth.ac.uk](mailto:subuadvice@bournemouth.ac.uk) or you can call the main office on 01202 967

@sububournemouth #wearestudents

## FINANCE

### Managing your money

It's likely your financial situation will be very different as a student. Our online budgeting information will give you an idea of living costs to help you manage your money.

[www.bournemouth.ac.uk/living-expenses](http://www.bournemouth.ac.uk/living-expenses)

### Bursaries and scholarships

BU offer a range of financial support, you should know by now if you automatically qualify for one of the scholarships, and there may be others you can still apply for. Additionally, you may qualify for funding from BU to help with the cost of living if you meet certain bursary criteria.

[www.bournemouth.ac.uk/funding](http://www.bournemouth.ac.uk/funding)

For more details read the Finance section of the online rules and regulations information.

[www.bournemouth.ac.uk/important-information](http://www.bournemouth.ac.uk/important-information)

### Advice and support

AskBU and SUBU are there to help if you have any money worries before you arrive and throughout your studies. They can advise on a range of financial queries from scholarships, bursaries and Student Finance England to NHS support and emergency or hardship funding.

For any queries about student finance, visit [www.bournemouth.ac.uk/student/finance](http://www.bournemouth.ac.uk/student/finance)



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## STUDENT SUPPORT SERVICES

### AskBU

The AskBU advisers can help with practical things like letters confirming you're a student, replacement ID cards, information about finance, immigration, mitigating circumstances and complaints.

You can contact AskBU by telephone 01202 969696 or by emailaskBU@bournemouth.ac.uk and they are based on both campuses offering a friendly drop-in service (they also have interview rooms if more privacy is needed).

### Chaplaincy

Whatever your background or faith the Chaplaincy offers a welcoming environment as well as guidance and support throughout your studies, and provides space for reflection on Talbot campus, including an Islamic Prayer Room with wash facilities, as well as a Kosher kitchen.

### Student Wellbeing

The Student Wellbeing service is provided in partnership with our local NHS Foundation Trust, offering free support aimed at boosting your resilience, improving your wellbeing and managing your mental health. Services include drop-in sessions, workshops, group and individual wellbeing sessions and counselling. www.bournemouth.ac.uk/student/wellbeing

### Health and fitness

Everyone can make the most of SportBU's excellent facilities - whether that's playing a sport you already love or giving you the opportunity to try something new. Take part in the Campus pay and play sports where no booking is required, sign up to a six week campus course, or try out for a performance sport.

### Get advice on making the most of life at BU

Making friends, staying healthy, being an independent learner and more from our bloggers and vloggers:

www.bournemouth.ac.uk/pg-student-blogs

## HEALTHCARE ON CAMPUS

The Student Medical Centre, in partnership with Talbot Medical Centre, offers a range of medical services, it is open to all students and daily appointments are available. You'll be a fully registered patient with a named GP and access to provisions for out of hours emergency support. Registration forms are available in the medical centre located in Talbot House, Talbot Campus, or the contact details are:

During term-time Telephone: +44 (0)1202 965378

Outside term-time Telephone: +44 (0)8444 772416



## PARKING PERMITS

The campus is split across two sites – Lansdowne in the town centre and Talbot just a 15 minute bus ride away. Campus maps are available at all of our receptions, and directions to both sites can be found online: www.bournemouth.ac.uk/maps

There is currently no parking at BU accommodation (although some Unilet properties might cater for on-road parking) or the Lansdowne Campus, except for blue badge holders. There is limited parking at Talbot Campus and you'll need a permit to park there.

Find eligibility details and apply at www.bournemouth.ac.uk/student/parking

## ACCOMMODATION

LettingsBU is Bournemouth University's in-house agency that helps students find suitable accommodation in the private rented sector. Many of the properties advertised are aimed at house-sharing groups, but there are some properties that are suitable for families and couples. LettingsBU may also be able to support you with securing a property that isn't on their books.

If you have any accommodation questions or need support SUBU Advice is always available to support students with this.

### SUBU Advice:

✉ subuadvice@bournemouth.ac.uk

📱 01202 967369

### BU Residential Services:

✉ accommodation@bournemouth.ac.uk

📱 01202 96167

### LettingsBU:

✉ lettingsBU@bournemouth.ac.uk

📱 01202 961678



## STUDY SKILLS

### Independent learning

Your Virtual Learning Environment (VLE) can be accessed at any time and from anywhere, you'll find lecture notes, reading lists, and helpful learning resources such as online journals and past exam papers.

This is also where you will submit assignments and can access communities such as Study Skills and Languages@BU.

You may want to try out the interactive skills4study package:

[www.skills4studycampus.com/institution/](http://www.skills4studycampus.com/institution/)

### Study support

To help you reach your full potential the Study Skills Community provides online and face-to-face support. Online materials, workshops and individual sessions are available to help you improve academic skills like note-taking, academic writing, revision/exam techniques and referencing.

[www.subu.org.uk](http://www.subu.org.uk)

### Career Support

Our team of careers advisors, placement coordinators and development advisors will support you in preparing for and during your placement, and again when you are looking for work. Through our Global Talent Programme you can also get involved in a range of extra-curricular activities that will develop and enhance your global outlook.

Careers & Employability Service: Telephone 01202 961663  
Email [careers@bournemouth.ac.uk](mailto:careers@bournemouth.ac.uk)

### Timetable

Your academic timetable includes details of all your lectures, seminars and other learning sessions relevant to your course, like lab work or workshops. After Week One you'll also be able to view your timetable in our iBU app.

### Peer Assisted Learning

These group sessions are a great way to learn study techniques relevant to your subject from a student from your course. Students who have taken part in these sessions have said it's boosted their confidence and reassured them about any concerns they had about university life.

### Mitigating Circumstances

If you feel that your individual circumstances could affect your results you should talk to your Programme Administrator or Programme Leader to see if you may be able to request a coursework extension or have your exam(s) postponed.

Also, you may have completed your coursework or sat your exam before the full effects of your circumstances are known or you may not have been able to advise your PA or PL of your circumstances prior to the coursework deadline(s) or exam date(s). Again do speak to your PA or PL as you may be able to request Assessment Board consideration.

For more information visit [www.bournemouth.ac.uk/students/help-advice/looking-support](http://www.bournemouth.ac.uk/students/help-advice/looking-support)

and for further support and advice you can contact SUBU Advice or AskBU.

### Additional Learning Support

If you have a learning difference, a medical or mental health condition, or a sensory or physical impairment, adjustments can be made to your learning and assessment. Contact the Additional Learning Support (ALS) team so they can advise on the most appropriate support for you, including potential funding benefits. The sooner you contact them, the sooner they can start preparing your support.

[www.bournemouth.ac.uk/als](http://www.bournemouth.ac.uk/als)

### Software

While you are a BU student you're able to have Office 365 ProPlus for free, thanks to the licencing partnership between BU and Microsoft. Office 365 ProPlus includes all the familiar and full Office applications and allows for these to be installed on up to five devices.



### SIR MICHAEL COBHAM LIBRARY, TALBOT CAMPUS

Mon – Thurs: 8am - Midnight  
Friday: 8am – 6pm  
Sat & Sun: 10am – 6pm

### BOURNEMOUTH HOUSE LIBRARY, LANSDOWNE CAMPUS

Mon – Thurs: 8am – midnight  
Friday: 8am-6pm  
Sat:10am-6pm/Sun: 10am – 10pm



SUBU will have a positive impact on every BU student's journey.

## STUDENTS' UNION AT BOURNEMOUTH UNIVERSITY

### SUBU ADVICE

SUBU Advice is here to support you in every aspect of your student experience whether it is personal, financial, academic or housing. Coming to university at any age has its challenges but we can understand you might have been out of education for a lot longer than a typical student and we want to make sure you are treated exactly the same while at BU. If you have children we can help support you with finding out about any additional funding you might be entitled to or if you are entering education after a long break we can make sure you settle back into student life with ease. We are here to give you options of what you can do in situations that could affect your university life and empower you to decide what is best for you.

If you need to speak to one of our advisors you are welcome to come and see us in SC202 in the Talbot student centre between 10 and 4pm Monday to Friday, we have a drop in session between 2 and 4pm which does not need an appointment. We also run advice at Lansdowne term time only 9.30 until 2pm Monday, Tuesday and Thursday.

If you just need to ask a quick question then give us a call on 01202965779 or email us on

[subuadvice@bournemouth.ac.uk](mailto:subuadvice@bournemouth.ac.uk)

[www.subu.org.uk](http://www.subu.org.uk)

### DEMOCRACY & EQUALITY

Democracy and Equality provide various channels for students to have their say on issues, including Elections, Big Student Meeting, Liberation Campaigns, Mental Health Zone, International Student Zone and Student Councils. SUBU is run for students by students; we hold elections for our full time sabbatical and part-time officers. Any BU student can run to be an officer and elections for our Executive Council and Student Councils.

#### Part-time Officer

Becoming a part-time officer is a great way to meet new people, learn new skills, access our SUBU Leadership Award and gain bag loads of confidence. SUBU is committed to equality of access for all and celebrates the diversity of every student at BU. We are proud to introduce Liberation Campaigns this year, these groups provide a community made up of, and led by, students who self-identify within that liberation group to build friendships, share experiences, discuss issues, raise awareness and campaign for change.

[www.subu.org.uk/elections](http://www.subu.org.uk/elections)



#### Liberation

Liberation Campaigns are run by a Liberation Campaign Committee, led by the relevant liberation officer. Why not consider running for election to one of these committees? You'll have bucket loads of fun, make great friends and receive loads of support and training from the full-time officers and SUBU staff!

[www.subu.org.uk/liberation](http://www.subu.org.uk/liberation)

#### Zones

Our two Zones, the Mental Health Zone and International Students' Zone, led by a committee and team of project leaders are here to raise awareness and campaign on specific issues. The Mental Health Zone is all about promoting positive mental wellbeing on-campus and at home, raising awareness of mental health and challenging stigma. The International Students' Zone is here to focus on our community of International Students' which ranges from campaigning for change to helping to organise and deliver our annual One World Festival.

[www.subu.org.uk/liberation](http://www.subu.org.uk/liberation)

### REPRESENTATION

Student Reps are elected by their peers and collect feedback throughout the academic year, taking that feedback to the university and working with them to create change.

During the 2016/17 academic year over 7% of Reps were student parents. It's a great opportunity for student parents and carers students to quickly get to know all the students in their programme. It also gives you the opportunity to build connections, make sure that the needs of mature students are fairly represented and is a great way to have a positive influence and make tangible change!

### COMMUNITY

SUBU Community gives students the skills and opportunities to get involved in the local Bournemouth Community. This includes volunteering activities and events such as beach cleans, Fairtrade awareness and sustainability campaigns.

### INSIGHT AND POLICY

SUBU's Insight and Policy department is fundamental in providing SUBU and BU with evidence-based research about the current and future issues that matter to students. The research is used to represent the student experience and inform policy development, both at BU and on a national level.

### SUBU FACILITIES

Our facilities include a range of venues to cater to all tastes; the 5 storey Student Centre hosts the SUBU cafe Ground Up, serving Starbucks coffee as well as a number of spaces to do work including two beach hits that can be booked out. If you fancy a burger and a beer then head to Dylan's Kitchen, or if you need some essentials then the Student Shop is the place to go. The Lansdowne campus is home to the Boho Lounge, a great spot to meet with your friends, there's also The Engine Room café, which serves food and drinks all day, and as well as all of this you can watch live music at your Students' Union venue The Old Fire Station.

Don't forget to join the SUBU Student Parents Facebook page to keep up to date on everything that SUBU has to offer. [fb.com/subustudentparents](https://fb.com/subustudentparents)

@sububournemouth #wearestudents

### CLUBS & SOCS

Our variety of Clubs and Societies are here for every student at BU, inclusive of people from all different backgrounds; be that culture, religion, age or interest!



If there's not a Club or Society that suits you, then you can always start one up.

Go above and beyond your degree, meet new people, develop new passions and experience something new.

Get involved now, and make your BU experience truly unforgettable.

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# WHERE IS SUBU TALBOT CAMPUS

## SUBU CENTRE

- G** - Ground Up Sport BU Study space
- 1** - Reception Sabbs Office Representation Study space
- 2** - Activities Community Green Advice Study space
- 3** - Study space St. Lady Cobham Bridge
- 4** - Nerve Democracy and Equality Study space
- 5** - Study space

Approx time in minutes



SUBU Centre



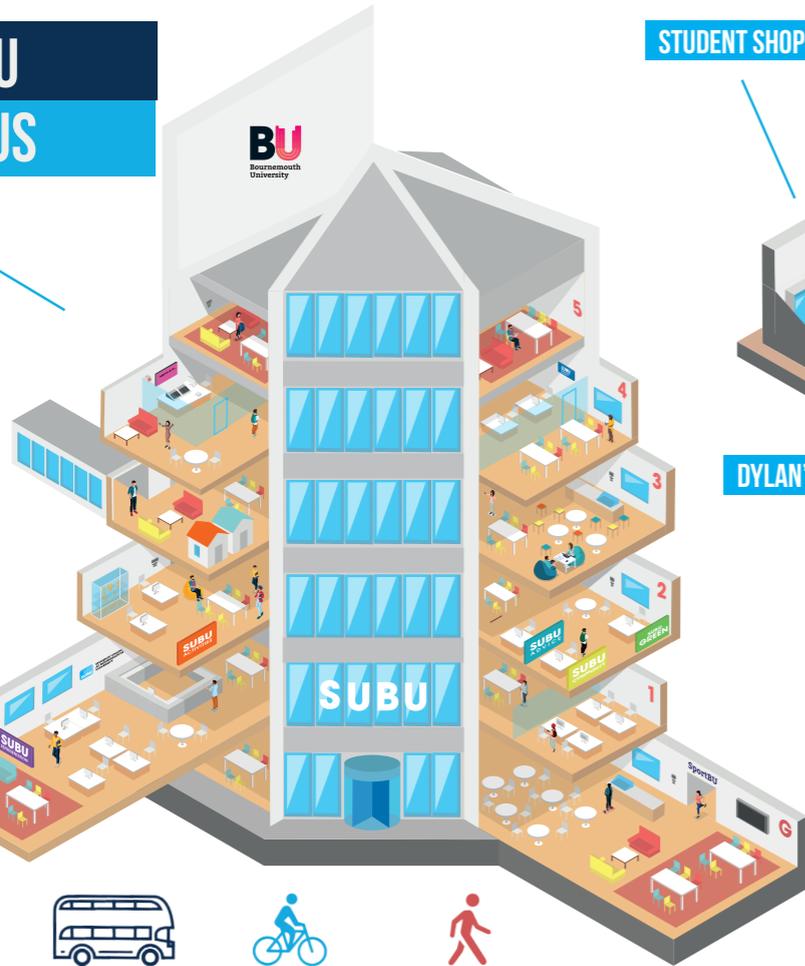
6



10



20



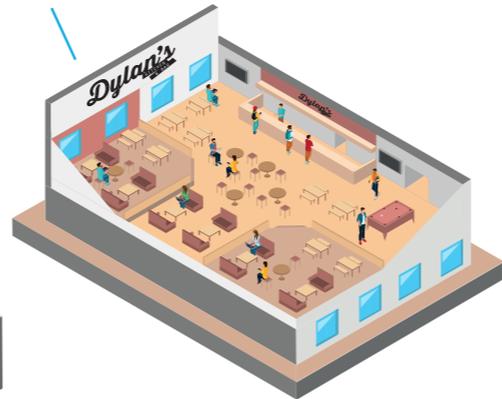
## STUDENT SHOP

Everything from affordable meal deals, to BU merchandise, snacks, news papers and event tickets!



## DYLAN'S BAR

Offering food and drink throughout the week at the best student prices!



# LANSDOWNNE

## THE OLD FIRE STATION

The ultimate SU nightclub, bringing epic club nights and live entertainment throughout the week.



+ Engine Rooms

The perfect place to grab a coffee by day, the best place to party by night!

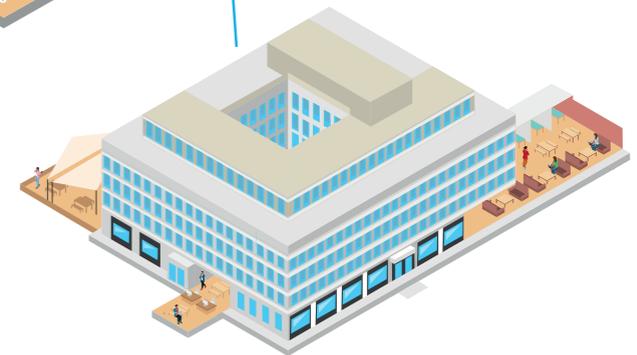
## STUDLAND HOUSE

At the heart of Lansdownne Campus, with social spaces and cafes to help you relax- as well as SUBU Advice offices.



## BOURNEMOUTH HOUSE

Chill out in the BoHo Lounge or in the BoHo Gardens while you work!



Charminster Cemetary Junction



5

7

15

Cranborne Chesil Purbeck



2

4

10

Old Fire Station Engine Room Lyme Regis



1

5

Studland House



1

3

Bournemouth Hse Boho Lounge Home Park



Dorchester House



## THINGS TO DO



Based in Lansdowne this converted fire station hosts a great range of live gigs as well as regular comedy nights.

Talbot Campus has its own bar, serving low priced food and alcohol. There are also a number of events that go on throughout the week including Karaoke nights and a very popular quiz.

[www.subu.org.uk](http://www.subu.org.uk)

## MONKEY WORLD



Monkey World, based in Wareham is a rescue and rehabilitation centre of primates from all over the world.

## FARMER PALMER'S FARM PARK

Family Friendly Fun Farm with lots of indoor and outdoor activities for the whole family.



## LOLLIPOPS PLAY CAFÉ



A cafe & 3 storey soft play frame with separate baby sensory area in an old church in Westbourne,

## BH2 LEISURE COMPLEX

This new £50 million leisure complex is in the heart of Bournemouth town centre and as a wide range of restaurants as well as a 10 screen cinema.



## TOWER PARK



Tower Park Leisure Complex in Poole, provides a whole host of entertainment whatever the weather, with Splashdown water park and Empire Cinema, Tenpin bowling, kids soft play, bingo and a range of restaurants there is plenty on offer as well as a lovely student discount.



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# THINGS TO DO

## OUTDOORS

Bournemouth has a long beaches and many woodland areas as well as beautiful parks, make sure you make the most of these delightful spaces on a sunny day.



[www.subu.org.uk](http://www.subu.org.uk)

## AFC BOURNEMOUTH



BU is the official Higher Education Partner for AFC Bournemouth, bringing sport, education and the community together. As a BU student you can get access to discounted tickets and merchandise, as well as the opportunity to be a Student Ambassador representing AFC Bournemouth and BU. <https://www.afcb.co.uk/> or <https://www1.bournemouth.ac.uk/collaborate/afc-bournemouth>

## EVENTS AND CONCERTS

Bournemouth is home to a variety of concert venues including the Bournemouth International Centre, The Bournemouth Pavillion and the Grade II O2 Academy



# TRANSPORT & GETTING AROUND

## By Bus

BU operates a dedicated UNIBUS service in conjunction with More, a local bus company, that operates across Bournemouth and Poole. Find out all you need to know about our UNIBUS service online: [www.bournemouth.ac.uk/student/buses](http://www.bournemouth.ac.uk/student/buses). Other services are run by 'Yellow Buses' and BU students can get child fares on all Yellow Bus routes, if they show their student card. Further information can be accessed on the Yellow Buses website [www.bybus.co.uk](http://www.bybus.co.uk)

## Trains

Bournemouth train station is located approximately 2 miles north of the city centre, on Holdenhurst Road, by the big Asda. There are regular routes to cities around the United Kingdom. Poole is well served by its centrally placed railway station adjacent to the High Street and Dolphin Shopping Centre. London Waterloo is just two hours away on the express service from Poole. This runs twice an hour throughout the day.

## Coaches

The Travel Interchange on Bath Road is Bournemouth's main coach station and is served by National Express and Megabus delivering journeys all across the country.

## Taxi

There are a number of different taxi services in Bournemouth and Poole, including: United Taxis 01202 556677, Streamline 01202 373737 and Mobile Radio Cars 01202 518000

## By bike

There are bike compounds around campus, and we provide discounted lights and D-locks in the Student Shop. BU offer a bike loan scheme if you're not able to bring one with you. Check online for information about cycle safety and to make the most of the free bike safety check sessions each term: [www.bournemouth.ac.uk/student/bug](http://www.bournemouth.ac.uk/student/bug) Bournemouth and Poole are great places to ride a bike. Whether you are new to cycling or an accomplished rider there is something for everyone a map of the local cycle routes can be found at [www.gettingabout.co.uk/cycling](http://www.gettingabout.co.uk/cycling)

ALL ABOARD!



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# FOLLOW OUR SOCIAL MEDIA



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## SUBU President

Daniel Oluyomi Asaya



01202 965773



supresident@bournemouth.ac.uk

## VP Activities

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